

FREE PATTERN



Cascade Heritage  
Estelle Arequipa



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EPA10-7

## St. John's Wort Socks

By Susie Bonell

Materials: 1 100 gr skein Cascade Heritage Hand Painted Sock Yarn  
Or 1 100 gr skein Estelle Arequipa

Size #2 double pointed needles, set of 5

Yarn Needle

Gauge: 8 sts = 1"

St John's Wort Pattern (modified)

Row 1: \*Sl 1 p-wise, K2, pss0, K3\* repeat between \*'s around.

Row 2: \*K4, yo, K1\* repeat between \*'s around.

Row 3: \* K3, Sl 1 p-wise, K2, pss0\* repeat between \*'s around.

Row 4: \*K1, M1, K4\* repeat between \*'s around.

M1: Pick up strand of yarn lying between last st worked and next st and knit into the back of it.

### SOCKS

Cast on 66 sts. Work across in K1, P1, ribbing distributing sts on needles. Join and work in the round in ribbing as established for 1 ¼".

Begin St John's Wort pattern & continue until top of sock measures 7" or desired length to top of heel ending with row 2 or 4 in pattern

Heel

Row 1: \*Sl1, K1\* repeat between \*'s across 32 sts. TURN and leave remaining sts on other needles.

Row2: \*Sl 1, P 31.

Repeat rows 1 & 2 until you have worked Row 1 15 times & Row 2 14 times.

Turn Heel

Row 1: Sl 1, P18, P2tog, P1, TURN.

Row 2: Sl 1, K7, ssk, K1, TURN.

Row 3: Sl 1, P8, P2tog, P1, TURN.

Continue in this manner working to 1 st before the "gap" and ssk, K1, on the k side or P2 tog, P1 on the P side until all stitches are used. There should be 20 sts left on the needle with the right side facing you.

Gusset:

Place the last 10 sts worked on another needle and pick up and knit 15 sts down the side of the heel. (25 sts on needle #1) With needle #2, K4 before continuing in the pattern as established and work 3 repeats on that needle. With needle #3 work in pattern to other side of heel. With needle #4 pick up and knit 15 sts up side of heel and the 10 remaining at the top of the heel.

Work one row even keeping continuity of pattern on the instep.

Row 1: Knit to the last 3 sts on needle #1, k 2 tog, k1, knit needle 2 & 3 in pattern as established, on needle 4, K1, ssk, k to end.

Row 2: Knit.

Repeat these two rows until there are 15 sts on needles 1 & 3. (64 sts total)

Work until sock measures 2 ½" from desired length measuring from the back of the heel ending with pattern row 2 or 4. (64 sts)

Toe Decreases

K6, K 2 tog, around row. Work 6 rows even.

K5, K 2 tog, around row. Work 5 rows even.

K4, K2 tog, around row. Work 4 rows even.

K3, K2 tog, around row. Work 3 rows even.

K2, K2 tog, around row. Work 2 rows even.

K1, K2 tog, around row. Work 1 rows even.

K2 tog, around row

Break off yarn, thread a needle and run through remaining sts. Secure and fasten off.

Pattern courtesy of Cascade Yarns. For a larger version of this pattern go to

[www.estelleyarns.com](http://www.estelleyarns.com)

Every effort has been made to ensure the accuracy of this pattern, however we cannot be responsible for variance of individual knitters, human or typographical error.

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