

FREE PATTERN



Cascade Heritage
Estelle Arequipa



ESTELLE
DESIGNS & SALES LIMITED

www.estelleyarns.com



EPA10-08

B & B Socks

Designed by Betty Balcomb

Materials: 1 100 gr. skein Cascade Heritage Hand Painted Sock Yarn
Or 1 100 gr skein Estelle Arequipa

Size 2 US double point needles or SIZE REQUIRED TO OBTAIN GAUGE.

Cable needle.

Gauge: 7 stitches to 1 inch in stocking stitch.

Size: This sock will fit an average to wide woman's foot and a narrow to medium man's foot. For a narrower or wider sock, go down or up one needle size.

Special Abbreviations:

C8F – slip 4 sts to cable needle, hold in front, K4 from left needle, K4 from cable needle.

C8B – slip 4 sts to cable needle, hold in back, K4 from left needle, K4 from cable needle.

SSK – slip 2 sts knitwise to right needle, insert tip of left needle into 2 sts and knit together through back.

PM – place marker

B&B Pattern: directions inside brackets are for braid panel

Rows 1,2, 3 – P3, (K3, P5)2X, K3, PM, [P2, K12, P2], PM, (K3, P5)2X, K3, P2

Row 4 – K22, [P2, C8F, K4, P2] K21

Rows 5,6,7 – K2, (P5, K3)2X, P4 [P2, K12,P2], P4, (K3, P5)2X, K1

Row 8 – K22, [P2, K4, C8B, P2], K21

Directions:

Cast on 70 sts. Divide sts so there are 20 sts on needle 1, 30 on needle 2 and 20 on needle 3. Join work in the round being careful not to twist.

First row, *K1, K2 tog, P2, rep from *(56 sts.) Work 11 more rows of K2, P2 ribbing.

Next row, K inc'g 3 sts evenly spaced around row. Rearrange sts so there are 15 on needle 1, 30 on needle 2 and 14 on needle 3. Work B&B pattern 8 times or until cuff is desired length. 8 repeats of pattern plus ribbed cuff will be about 7 inches.

Form heel flap: Set up row 1, K the sts from needle 1 onto needle 3 dec'g 1 st at end of row (28 sts). Set up row 2, Turn, slip 1 purlwise, P across row. Heel Flap row 1, *slip 1 purlwise, K1, rep from * across row. Heel Flap row 2, slip 1 purlwise, P across row. Repeat rows 1 and 2 14 more times. End with a P row.

Turn heel bottom:

Row 1: Slip 1 purlwise, K14, SSK, K1, turn,

Row 2: Slip 1 purlwise, P5, P2tog., P1, turn.

Row 3: Slip 1 purlwise, K6, SSK, K1, turn..

Row 4: Slip 1 purlwise, P7, P2tog., P1, turn.

Row 5: Slip 1 purlwise, K8, SSK, K1, turn.

Row 6: Slip 1 purlwise, P9, P2tog., P1, turn.

Row 7: Slip 1 purlwise, K10, SSK, K1, turn.

Row 8: Slip 1 purlwise, P11, P2tog., P1, turn.

Row 9: Slip 1 purlwise, K12, SSK, K1, turn,

Row 10: Slip 1 purlwise, P13, P2tog., P1, turn.

Row 11: Slip 1 purlwise, K14, SSK. turn.

Row 12: Slip 1 purlwise, P14, P2tog., turn.

Form foot. K across row. pick up 17 sts. along the edge of the heel flap, 1 st. in each slipped edge st., and 1 or 2 sts. in gap between flap and instep to prevent a hole. With 2nd needle, K across the 30 sts. on needle 2, maintaining pattern of braid panel. With 3rd needle, pick up sts. along the other side of the heel flap to equal 1st side, then K 8 sts. from needle 1 onto needle 3.

Continue to work in the round with stocking st surrounding braid panel.

Form ankle gusset. Row 1 K across entire row, maintaining pattern of braid panel. Row 2, k across needle 1 to last 3 sts., K 2 tog, K1; K across 2nd needle maintaining braid panel, 3rd needle, K1, SSK, K to end of row. Rep. 1 and 2 rows until there are 14 sts. on needles 1 and 3. Continue on 58 sts, maintaining braid panel until foot is 1.5" shorter than foot, ending on row 2 or 6 of pattern.

Form toe. Row 1, K across needle 1 to last 3 sts., K2 tog, K1; on needle 2, K1, SSK, K across to last 3 sts., K 2 tog., K1; on needle 3, K1, SSK, K to end of row. Row 2, K even across all 3 needles. Repeat these 2 rows 3 more times, Then work row 1 only 6 more times. Then knit the 4 sts. from needle 1 onto needle 3 (8 sts on each of 2 needles). Graft toe with Kitchener stitch or turn inside out and join with 3-needle bind off.

For larger version of this pattern go to www.estelleyarns.com

Pattern courtesy of Cascade Yarns.

Every effort has been made to ensure the accuracy of this pattern, however we cannot be responsible for variance of individual knitters, human or typographical error.

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